

STANDING CALF
JPL-150

◆ Designed to target and strengthen the calf muscles with precision, our Standing Calf machine is meticulously engineered for optimal muscle engagement. This features an adjustable range of motion, allowing users to customize their calf workout for optimal muscle engagement. With a focus on load distribution on the legs, users can isolate and challenge the calf muscles effectively.

◆ **DIMENSION:**
Length : 38 inches/ 97 cms
Width : 54 inches/ 137 cms
Height : 70 inches/ 178 cms

◆ **MUSCLE WORKED:**
Gastrocnemius
Soleus
Tibialis Anterior

